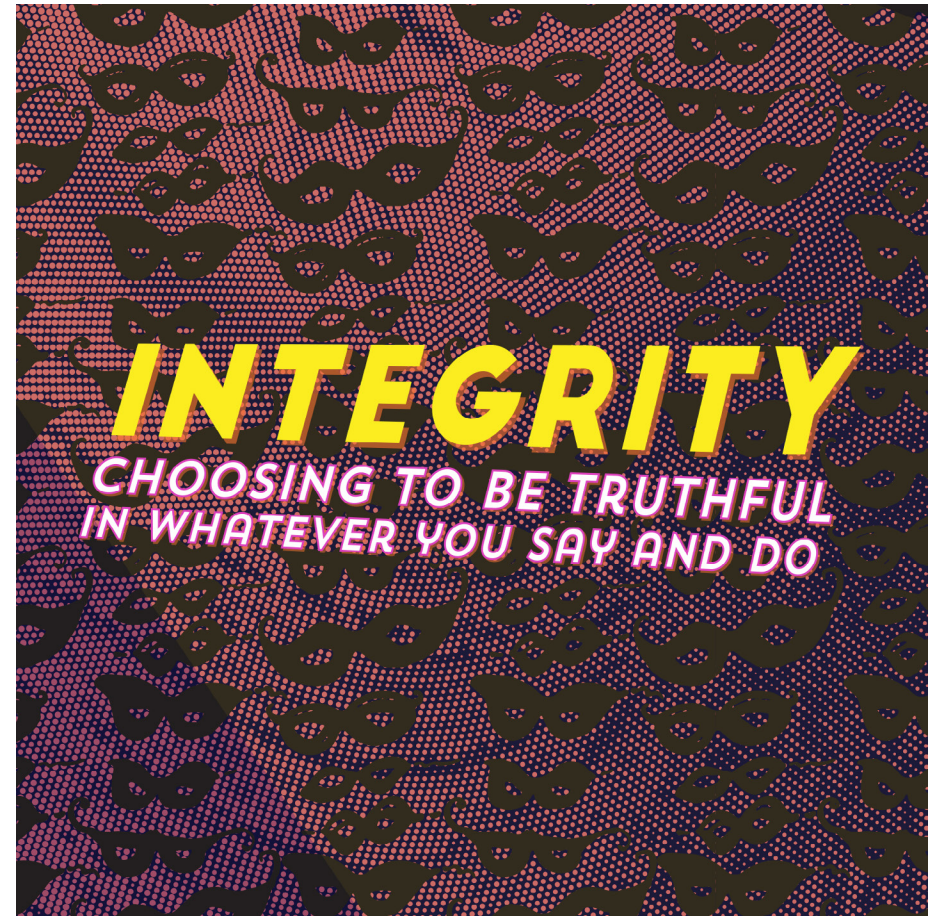


Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHY IS IT IMPORTANT FOR PEOPLE TO TRUST YOU?

Journaling lines for the question: WHY IS IT IMPORTANT FOR PEOPLE TO TRUST YOU?



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

Day 2

Read 2 Kings 5.

As you read chapter five, circle any numbers you see. How many circles do you have? (See the answer below.)

Those numbers may not mean much, but they do illustrate something important: God is into the details. He knows all the “numbers” of our lives. Luke even teaches us that God knows how many hairs are on our head! That means we can trust Him no matter what. And the more we try to follow after God, the more we should be someone others can trust. And for them to be able to trust us, we have to tell the truth every single time.

Day 3

From reading the story of Naaman and Gehazi, it seems like Gehazi had an honesty problem, and that it probably had a lot to do with what he wanted.

In other words, if he had his eye on something, he was going to do whatever it took to get it.

Maybe that's not your particular honesty struggle. Maybe you have found yourself lying to keep from getting in trouble or you sometimes exaggerate stories to make people like you more, or to one-up your friends. The great thing is that it's not too late to ask forgiveness and make a change! You can begin living a life of integrity today! You can use the prayer below to help you press re-start.

“Dear God, as You know, I struggle with being honest when it comes to _____. I think it's hard for me because _____.”

Please forgive me for not being honest, and help me to begin being honest in everything I say and do. In Jesus' Name, I pray, amen.”

There were 11 numbers in this story.

Day 4

You've probably played the game two truths and a lie before.

It's a pretty fun game, but it only works because you know the person is telling you one lie, and as soon as the person makes their guess, you come clean.

Find a friend, sibling, or parent to play the game with. Each of you should take a turn sharing two truths and a lie. When you're done, take some time to talk about it. Share with each other why it isn't upsetting to play the game, but in real life, if someone lies to you, it really damages the relationship.

Talk with each other about the importance of trust, and commit together to be truthful to each other and to everyone around you.

Day 5

Have you ever known someone who was always lying? Even when they say something kind to you, you aren't sure how to take it, right?

Imagine being that person. The one that no one can trust. It must be pretty lonely.

On the other hand, if you're someone others can trust, they will want to be around you. They will want to spend time with you and confide in you. And that feels pretty awesome.

Grab a dry erase marker and head to the bathroom mirror. Draw a circle around your face and then a rectangle around the circle so it looks like a picture frame. Now imagine what people would think when they see a picture of you. Do they think about how kind, loyal and trustworthy you are? Or do they see someone who they aren't sure they can trust? Around the picture frame, write some words that you hope describe how others see you, like honest and trustworthy. Every time you look in the mirror, think about how important it is for others to see you like that!