

HUMILITY

PUTTING OTHERS FIRST BY GIVING UP WHAT DO YOU THINK YOU DESERVE

BOTTOM LINE: Put others first.

Read Ephesians 4:2

DAY
1

You Go First

Practice putting others first this week by letting people go before you. Think of some of the times at school or at home that you can practice putting someone else first. It could be letting your friend go before you in the lunch line or letting your sibling choose the cookie first. Whatever it is, take a step back and let someone go first.

Ask God to help you put others first this week.

DAY
2

First Place

Grab some paper and some decorating supplies.

Today, you are going to create a first-place award for someone in your home. Think of someone in your home that always puts your needs first, maybe it's mom or dad. Draw them an amazing certificate that shows them how thankful you are that they put you first. Draw a picture of a time they helped you out! Somewhere on the drawing write **The Putting Others First Award**. When finished give your award to the winner. Thank them for all they do for you.

Thank God that He gave you people that put you first.

DAY
3

Putting People First Prayer

When praying, it is nice to pray for everyone else first and yourself last. Think of two people you can pray for today. Say a prayer for them and add yourself to the prayer at the end. Pray something like this:

"Dear God, Thank You so much for (people's names). (Pray something special about each person.) And God, I pray for myself that I can learn to put others first. I love You, God, amen"

Look for ways that you can put others first.

DAY
4

Act It Out

Read this week's Bible verse below and use the actions to help you remember!

Ephesians 4:2 (NIRV)

Don't be proud at all.

(Shake your head back and forth.)

Be completely gentle.

(Hug yourself.)

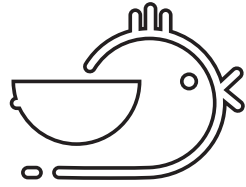
Be patient.

(Tap your wrist like you are wearing a watch.)

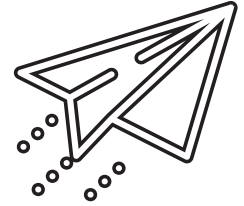
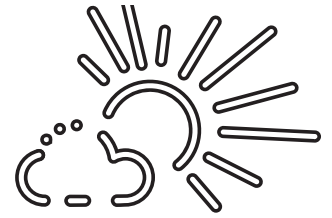
Put up with one another in love.

(Sign "I Love You" by holding up right-hand stick out the thumb, pointer, and pinky fingers while leaving middle and ring finger touching the palm.)

Know that treating others gently, with patience and love, are great examples of putting others first.



PUT



OTHERS

FIRST.

