Resources

Recommended Reading/Tools for Parents:

**1) *Parenting the Internet Generation, A Blueprint for Teaching Digital Discernment***

Author: Luke Gilkerson

Available as a free E-book download at: http://www.covenanteyes.com/e-books/

Book summary from Covenant Eyes:

“In the digital age, passive parenting is not an option. The Internet offers shallow, distorted answers to deep questions with one click. This comprehensive e-book gives parents practical teaching about a Godly self-image, sexuality, shame, sin, media literacy, and parental controls, all wrapped up in the beauty of the Gospel.

*Parenting the Internet Generation includes*age-specific conversation guides about sex and technology for pre-school through high school.”

***2) Straight Talk with your Kids about Sex***

Author: Josh McDowell

Available in print and Kindle versions on Amazon for ~ $9.00

Excerpt from Amazon’s summary:

“…a compact, easy-to-use guide to support parents in

* putting sex and sexuality in a biblical context of relationship to God
* gauging their child’s emotional and spiritual readiness
* being alert to questions and opportunities
* being direct and open without violating their child’s emotions
* proactively shaping their child’s worldview in today’s sex-saturated culture”

\*\*Includes dealing with the issue of pornography, recommended guidelines for media/internet use

***3) Good Pictures Bad Pictures: Porn-Proofing Today’s Young Kids*** (a book to read with children)

Author: Kristen A. Jenson

Recommended Age: 8-12

Available in print and Kindle versions on Amazon for ~$15.00

Available in English and in Spanish (Search on Amazon for: Imágenes buenas, imágenes malas: Protegiendo a los más pequeños contra la pornografia)

*“…*a **comfortable, read-aloud story** about a mom and dad who teach their child *what* pornography is, *why* it's dangerous, and *how* to reject it. Using easy-to-understand science and simple analogies, this ground-breaking book engages young kids to *porn-proof their own brains*.”

Additional Resources

Covenanteyes.com

* Offers Internet filtering and accountability software
* Offers excellent and free E-book resources

Fightthenewdrug.org

* Excellent articles with research on how porn harms the brain, relationships and society.
* Offers video-based online recovery program for teens called *Fortify*
* Free downloads on how to discuss the harms of pornography with your children

Protectyoungminds.org

* Free downloads with guides for discussing the harms of pornography with your children

Setfreesummit.org/e-books/

* Free e-books with research on pornography
* Extensive book resource list at: https://setfreesummit.org/resources-and-tools/

Purelifealliance.org

* **“Pure Life Alliance** is an [intra-church](http://www.purelifealliance.org/AboutUs/IntraChurch/tabid/451/Default.aspx) ministry linking resources between and within [churches](http://www.purelifealliance.org/partners/churches) to work together for purity. We seek to assist men and women in their pursuit of healthy sexuality. We want to restore marriages and to deepen their relationship with Christ.”
* Offers resources and small groups for men and women struggling with sexual impurity
* Extensive recommended book list and video resources viewable under the “Members” tab

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