



REMINDERS FOR STRESSED PARENTS

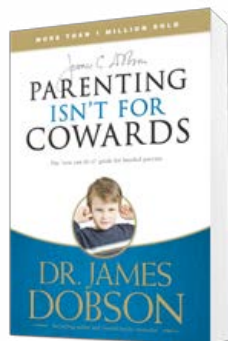
Hope Beyond the Frustration




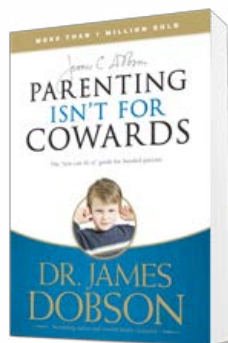
REMINDERS FOR STRESSED PARENTS

Hope Beyond the Frustration

1. You are not to blame for the temperament with which your child was born. He is simply a tough kid to handle and your task is to rise to the challenge.
2. He is in greater danger because of his inclination to test the limits and scale the walls. Your utmost diligence and wisdom will be required to deal with him.
3. If you fail to understand his lust for power and independence, you can exhaust your resources and bog down in guilt. It will benefit no one.



- 
4. If it is not already too late, by all means, take charge of your babies. Hold tightly to the reins of authority in the early days, and build an attitude of respect during your brief window of opportunity. You will need every ounce of “awe” you can get during the years to come. Once you have established your right to lead, begin to let go systematically, year by year.
 5. Don't panic, even during the storms of adolescence. Better times are ahead. A radical turnaround usually occurs in the early twenties.
 6. Stay on your child's team, even when it appears to be a losing team. You'll have the rest of your life to enjoy mutual fellowship if you don't overreact to frustration now.
 7. Give him time to find himself, even if he appears not to be searching.
 8. Most importantly, I urge you to hold your children before the Lord in fervent prayer throughout their years at home. I am convinced that there is no other source of confidence and wisdom in parenting. There is not enough knowledge in the books, mine or anyone else's, to counteract the evil that surrounds our kids today.





I admire each of you greatly and I hope we have been of assistance in fulfilling your awesome responsibility. Now in these concluding paragraphs, I would like to express two or three final thoughts directly to the mothers and fathers of very rebellious kids. I am especially concerned about you.

First, I know your task is difficult and there are times when you feel like throwing in the towel. But you must remain steady. Someday, you will look back on this difficult period of conflict and be thankful that you stayed on course--that you continued to do what was right for those children whom God loaned to you for a season. This era will pass so quickly, and the present stresses will seem insignificant and remote. What will matter to you then will be the loving relationships you built with your family, even when other parents ran away or buried themselves in work. You will also have the knowledge of a job well done in the eyes of the Creator Himself.



Therefore, I hope you will resist the temptation to feel cheated or deprived because of the difficult temperament of your son or daughter. You are certainly not alone. In an earlier survey of 3,000 parents, we found that 85 percent of families had at least one strong-willed child. So, you are not an exception or the butt of some cruel cosmic joke. This is parenthood. This is human nature. Most of us who have raised two or more kids have gone through some of the same stresses you are experiencing.

We survived, and you will too. You can handle the assignment.



CLICK TO READ

Disciplining School-Age Kids



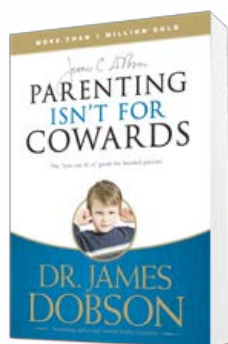
CLICK TO READ

Raising the Compliant Child



CLICK TO WATCH

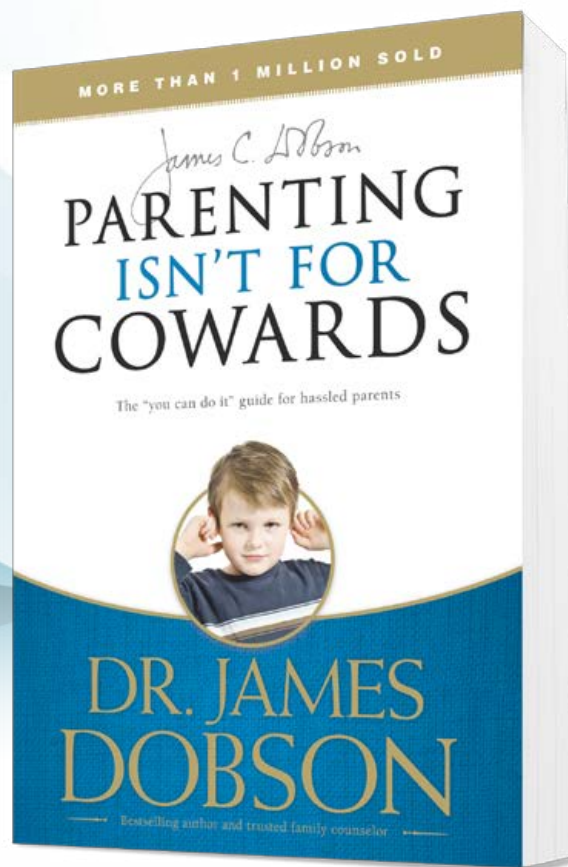
Parents Set The Tone



Have More Questions?

**SPECIAL
OFFER**

Get *Parenting Isn't For Cowards*
for your gift of \$20 or more.



▶ Order Yours Today!

For over three decades, Dr. James Dobson has been America's leading authority and advocate for the family. This material is excerpted from Dr. Dobson's book [Parenting Isn't For Cowards](#) (Copyright © 2014 by Siggie, LLC Published FaithWords and is used with permission.